

Greek Dressing Instructions

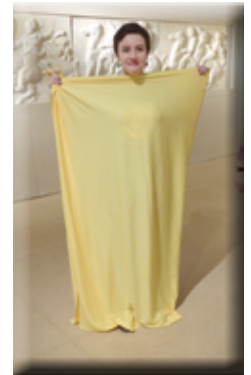
The Chiton (Women's)

For a chiton, you will need

- one large piece of cloth
- one length of cordage for a belt
- two safety pins or clips



Wrap the cloth around the person. She will be holding the two top corners of the cloth in her right hand and the middle of the top edge of the cloth in her left hand.



Pin the front and back of the cloth together at each of the person's shoulders. Have the person let go of the cloth once it is pinned. She will need to bring her left arm up and through the armhole you have created on the left.



Have the person belt the cloth in place. The belt can be put at the waist, under the bust, or at the hips, depending on what part of the body she wants to emphasize.

The hem of a woman's chiton should be at her feet. If the chiton is too long, bring it up to the right length by blousing the extra cloth over the belt.



Greek Dressing Instructions

The Peplos

For a peplos, you will need

- one large piece of cloth
- one length of cordage for a belt
- two safety pins or clips



Before wrapping the cloth around the person, fold over part of the cloth all along the top edge. The fold can be a small one, like the one here, or a longer one, as seen on the Athena statues in the Clothing Information Sheet.



Wrap and pin the cloth in the same manner as the chiton.



Belt the peplos in the same manner as the chiton. If the folded part of the cloth is long and hangs down past where the belt is to be placed, the belt goes over the folded section as well as the main cloth.

If the peplos is too long, it can be bloused to the correct hem position, just like the chiton.



Greek Dressing Instructions

The Chiton (Men's)

For a chiton, you will need

- one large piece of cloth
- one length of cordage for a belt
- two safety pins or clips



Wrap and pin the men's chiton in exactly the same way as the women's chiton.



A man's chiton was his outfit for work, so his legs needed to be able to move freely. Blouse the hem of the chiton until it comes just above the person's knees.



Greek Dressing Instructions

The Chlamys

For a chlamys, you will need

- one large piece of cloth
- one safety pin or clip



Wrap the cloth around the person's body, like with a chiton, but only pin the cloth over his right shoulder.



That's it. This piece of clothing is a simple cloak.

